

Dance name – Soul Shake

Music/artist – Soul Shake by Tommy Castro

Counts – 64 Counts, 4 Wall, Intermediate Level

Choreographer – Fred Whitehouse (Ireland) [f_whitehouse@hotmail.com](mailto:whitehouse@hotmail.com)

Intro – 80 Count from start of track, on Lyrics



1-8

Grapevine L, Chasse L, Rock back, Recover

1-4 Step LF to L, step RF behind L, step LF to L, cross RF over L

5&6 Step LF to L, close RF next to L, step LF to L,

7,8 Rock RF behind L, recover on L

9-16

Monterey Turns x 2

1,2 Point RF to R, ¼ turn R closing RF next to L

3,4 Point LF to L, close LF next to R

5,6 Point RF to R, ¼ turn R closing RF next to L

7,8 Point LF to L, close LF next to R *(Add Claps when you collect feet)*

17-24

Rock Recover, Behind, Rock Recover, Behind, Side, Cross

1-4 Rock RF to R, recover on to L, step RF behind L, rock LF to L

5-8 Recover on to R, step LF behind R, step RF to R, cross LF over R

25-32

Stomp, Heel Toe Walk in x2

1-4 Stomp RF forward to R diagonal, swivel L heel in, swivel L toe in, swivel L heel in

5-8 Stomp LF forward to L diagonal, swivel R heel in, swivel R toe in, swivel R heel in

33-40

Twist R, Clap, Twist L, Clap

1-4 Twist both heels to R, twist both toes to R, twist both heels to R, clap

5-8 Repeat to L side (body ends on slight diagonal 7.30)

41-48

Toe Strut x2, Walk x 2, Step forward, Pivot ¼ Turn L

1-4 Touch R toe forward, step R heel down, touch L toe forward, step L heel down (keep body on angle to R diagonal)

5-8 Walk forward R, L, R, pivot ¼ turn L placing weight on L

49-56

Step Point, Step Scuff, Jazzbox

1-4 Step RF forward, point LF to L, step LF forward, scuff RF forward

5-8 Cross RF over L, step LF back, step RF to R, cross LF over R

57-64

Toe Heel x2, Step, Close, Heel Bounces x2

1-4 Touch R toe to R, touch R heel to R, touch R toe to R, touch R heel to R

5-8 Step RF forward, close LF next to R, bounce heels x2

Smile, Let the music take control ☺