

La Vie Est Belle

Guillaume Richard

September 2019



Type of dance: Part A : 32 counts, 2 walls ; Part B : 16 counts
Phrased : A, BB, A, BB, AAAA, A (16 counts), Restart, BBBB
Starting the dance facing the back (6:00)

Level: Intermediaite

Music: **Parle à ta tête**, by Indila

Intro: 32 counts

Restart : At wall 11, do the first 16 counts and start again facing 6:00

Counts	Footwork	End facing
PART A		
1 – 8	Toe Strut x2, Step ½ turn, Step Fwd, Sweep	
1-2	Place R toe forward (1), Drop R heel (2)	12:00
3-4	Place L toe forward (3), Drop L heel (4)	12:00
5-6	Step RF forward (5), Make ½ turn L stepping on L (6)	12:00
7-8	Step RF forward (7), Sweep LF from the back to the front (8)	12:00
9 – 16	Cross, Side Step, Cross, Point, Cross, Side Step, Cross, Side Step	
1-2	Cross LF over RF (1), Step RF to R (2)	12:00
3-4	Cross LF behind RF (3), Point RF to R (4)	12:00
5-6	Cross RF over LF (5), Step LF to L (6)	12:00
7-8	Cross RF behind LF (7), Step LF to L (8)	3:00
17 – 24	Cross Rock Step, Side Shuffle, Cross Rock Step, Shuffle ¼ turn Step	
1-2	Cross RF over LF (1), Recover on LF (2)	3:00
3&4	Step RF to R (3), Step LF next to RF (&), Step RF to R (4)	3:00
5-6	Cross LF over RF (5), Recover on RF (6)	3:00
7&8	Step LF to L (7), Step RF next to LF (&), Make ¼ turn L stepping LF forward (8)	6:00
25 – 32	¼ turn Step, Touch, ½ turn Step Scuff, Cross, Side Step, Cross, Side Step	
1-2	Make ¼ turn L stepping RF to R (1), Touch LF next to RF (2)	6:00
3-4	Make ½ turn L stepping LF forward (3), Scuff RF forward (4)	6:00
5-6	Cross RF over LF (5), Step LF to L (6)	9:00
7-8	Cross RF behind LF (7), Make ¼ turn L stepping LF forward (8)	9:00
PART B		
1-8	Step Fwd x2, Charleston Step x2, Step Bwd x2, Charleston Step x2	
1-2	Step RF forward (1), Step LF forward (2)	12:00
3-4	Point RF in front of LF as you swivel heels (3), Repeat count 3 (4) <i>Option arms: Point your R index finger next to right temple on count 3 and 4</i>	12:00
5-6	Step RF backward (5), Step LF backward (6)	12:00

7-8	Point RF behind LF as you swivel heels (7), Repeat count 7 (8) <i>Option arms: Point your L index finger next to your left temple on count 7 and 8</i>	12:00
9-16	Step Point x2, Step ½ turn, Step on place x2	
1-2	Step RF forward (1), Point L toe in front of RF (2) <i>Option arms: Point your R index finger next to right temple on count 2</i>	12:00
3-4	Step LF backward (3), Point R toe behind LF (4) <i>Option arms: Point your L index finger next to left temple on count 4</i>	12:00
5-6	Step RF forward (5), Make ½ turn L stepping on LF (6)	6:00
7-8	Step RF on place (7), Step LF on place (8) <i>Option arms: Point your R index finger next to your R temple on count 7, Point your L index finger next to your L temple on count 8</i>	6:00
Ending	At the last B of the dance, on count 13 and 14, change the steps by a Rock Step Forward and finish the dance with counts 15 and 16	
13-14	Step RF forward (13), Recover on LF (14)	12:00
15-16	Do the normal counts 15 and 16 of part B	12:00

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