



Push It To The Limit

Choreographer: Mark Cosenza

Choreographed Song: Push It To The Limit – Corbin Bleu

64 Count – 4-Wall Line Dance – Intermediate Website: <http://countryedge.com>

Start immediately when beat kicks in.

- (1 – 8) Position Arms and Push Back, Touch out, Touch In, Rock Back, Recover, Step and Shrug**
1 Position Arms at Chest Level in Bent Position & Push Back w/ both feet extending arms forward
2 Position Arms at Chest Level in Bent Position
3-4 Touch R side R and Extend R Arm out, Touch R next to L
5-6 Rock back on R, Recover to L
7&8 Step Forward on R (7), Shrug Shoulders Up (&), Then back Down (8) (12:00)
- (9 - 16) Jazz Box ¼ Turn, Lock Step, Fwd Step, Bump Hips Pivot Turn**
1-2 Cross L over R, Step Back R and begin pivoting ¼ L
3-4 Continue pivoting ¼ L and Step Fwd L, Step Fwd R (9:00)
5-6 Lock L behind R, Step R Fwd, Step L Fwd
7-8 Step Rock back on R and bump hips back, Step fwd on L and pivot ¼ as you bump L hips (12:00)
- (17 – 24) Bump Hips, Rock and Push Down, Up, Down, Point Cross, Point Cross**
1-2 Bump hips and Step Side R, Recover and Bump hips Side L,
3&4 Rock back on R and Slightly bend knees down, up, down shifting weight to L
(Position arms at your sides and your hands in a position as if you are pushing down towards the ground)
5-6 Point R side R, Cross R over L
7-8 Point L side L, Cross L over R
- (25 – 32) Step Down, Pivot R, Point Fwd, Side, Fwd, Side, Step Fwd L, Step Fwd R**
1-2 Pivot ¼ R, Shift weight to R (3:00)
3-6 Point L Fwd, Touch Side L, Point L Fwd, Touch Side L
(Swing arms L, R, L, R – opposite of where your foot is pointing)
7-8 Step forward L, Step forward R

Restart: Wall 5: Do the first 16 counts of the dance, on count 16, pivot ¼ R to face the front wall to begin the dance again.

Begin Again