



My Heart Is Dying

Choreographer: Mark Cosenza

Choreographed Song: My Heart Is Dying – Anna S.

Album – I Need You (Purchase Music at <http://english.megastore.se/>)

*32 Count – 4-Wall Phrased Line Dance – Intermediate

Website: <http://countryedge.com> .

(1 – 8) Rock Recover, Side Mambo Touch, Touch Fwd, ¼ Sweep Around, Sailor Step

1 - 2 Rock Fwd R, Recover L
3 &4 Side Rock R, Recover L, Touch R next to L
5 - 6 Touch Fwd R; Pivoting ¼ R, Sweep R around Behind L (3:00)
7&8 Step Down R behind L, Step L Next To R, Step R Forward

(9 - 16) Cross Rock, ¼ Pivot, Step & Point, Step & Point, & Step, Step

1 - 2 Cross Rock L, Recover R and Pivot ¼ L (12:00)
3&4 Cross L behind R, Step down R, Point L side L
5 – 6 Step Down L, Point Side R
&7-8 Step Down R, Step Down L, Step Fwd R

(17 – 24) Cross Rock, Side Together Side, Step ½ Pivot Hook, Shuffle Forward

1,2,3&4 Cross Rock L, Recover R, Step Side L, Close R to L, Step Side L
5 – 6 Step Fwd R, ½ Pivot L and Hook L (L foot is R of R Knee) (6:00)
7&8 Step Fwd L, R, L

(25 – 32) Step ½ Pivot Hook, Shuffle Forward, Rock Side, Recover, & Paddle It Around

1 - 2 Step Fwd R, ½ Pivot L and Hook L (L foot is R of R Knee) (12:00)
3&4 Step Fwd L, R, L
5 – 6 Side Rock R, Recover L
&7 Pivoting ¼ L, Hitch R, Touch Down on R (9:00)
&8 Pivoting ½ L, Hitch R, Touch Down on R (3:00)

*** Walls 1 & 4 Only (Do the following at the end of Walls 1 & 4 only ...)**

(33 - 40) Rock Recover, Coaster Step, Diagonal Step Together, Side Rock Together

1,2 Rock R Forward, Recover L,
3&4 Step Back R, Step L next to R, Step Fwd R
5 - 6 Take large L Diagonal Step Fwd on L, Step R to L
7&8 Side Rock Step L, Recover R, Step L to R

(41 - 48) Cross Rock, Recover, Side Together Side, Cross L Unwind Full Turn

1,2,3&4 Cross Rock R, Recover L, Step Side R, Close L to R, Step Side R
5 – 8 Cross L over R, Unwind Full 360 degree Turn to the R crossing both hands over your heart.

Begin Again

Restart: As you begin the 7th wall, there will be a distinct change in the arrangement.

Following the end of the 7th wall, (you should now be facing 9:00), do the following for counts 33-36:
Cross R over L and unwind ¾ to the L putting both hands crossed over the heart – you should now be facing the front wall as you begin the dance again.

Note – The song ends after the paddle turn on counts 29 – 32 and you should be facing front on the final note. Simply step the right foot down next to left for the final note of the song.