

# Love Me Down



**Count:** 64      **Wall:** 4      **Level:** Phrased High Intermediate  
**Choreographer:** Fred Whitehouse (Ireland) Feb. 2016  
**Music:** Love Me Down by Jason Derulo

**Intro – 16 Counts - Sequence – A, B, B, A, Tag, A 16c, B, B, A, A, A, A**

## Section A - 32 counts

### A1: Step sweep, mambo, heel grind back x2, sailor ¼ turn L

1,2,      Step forward on R sweeping LF from back to front, step LF forward  
 3&4      Rock RF forward, recover weight onto L, step RF back  
 5,6      Step LF back grinding R heel, step RF back grinding L heel  
 7&8      Step LF behind R, step RF to R side, ¼ L stepping LF forward (9.00)

### A2: C bump, shuffle, repeat

1&2      ¼ turn L hitching R knee up as you bump R hip, step RF to R side, bump hip to R as you pop LF knee  
 3&4      ¼ L stepping LF forward, close RF next to L, step LF forward (3.00)  
 5&6      ¼ turn L hitching R knee up as you bump R hip, step RF to R side, bump hip to R as you pop LF knee  
 7&8      ¼ L stepping LF forward, close RF next to L, step LF forward (9.00)

**\*Restart here\* (During wall after the tag, you will finish facing 3.00)**

### A3: Out, out, in, in, touch x2, hitch, boogie walks R,L,R ¼ turn R rock and cross

&1&2      Step RF out, step LF out, step RF in, step LF in  
 3&4      Touch RF to R side, touch RF next to L, hitch R knee up as you raise up on left toe  
 5&6      Run forward R,L,R (boogie walk)  
 7&8      Rock LF forward, make ¼ turn R recovering weight on RF, cross LF over R (12.00)

### A4: Touch, twist, weave, touch, twist, weave ¼ turn

1&2      Touch RF to R side, twist R heel out, twist R heel in  
 3&4      Step RF behind L, step LF to L, cross RF over L  
 5&6      Touch LF to L side, twist L heel out, twist L heel in  
 7&8      Step LF behind R, ¼ turn R stepping RF forward, step LF forward (3.00)

## SECTION B - 16 counts X2

### B1: Walk x2, Rock and cross x2, weave

1,2,      Walk forward R,L  
 3&4      Rock R to R side, recover, cross R over L  
 5&6      Rock L to L side, recover, cross L over R  
 &7&8      Step R to R side, step L behind R, step R to R side, cross L over R

### B2: Out, out, hip dips x 2, triple ½ turn L, hip dips, close, touch

&1      Step R out to R, step L out to L side (shoulder width apart)  
 2,3      Push hips to R and down completing full circle clockwise x2 (bend knees on downward motion, these are fast) weight ends on RF  
 4&5      Step LF behind R, ¼ L stepping RF to R side, ¼ L stepping LF out to L (on the spot, ½ L)  
 6,7      Push hips to R and down completing full circle clockwise x2 (bend knees on downward motion, these are fast) weight ends on RF  
 &8      Close LF next to R, touch RF beside L

### B3 + B4: \* REPEAT 16 COUNTS \*

### TAG: 8 counts (Facing 6.00)

#### Step point snap x2, heel twists, click x2

1,2      Step RF forward, point LF to L side clicking both fingers in front  
 3,4      Step LF forward, point RF to R side clicking both fingers in front  
 &5&      Twist R heel out, twist R heel in, twist R heel out  
 6&7      Twist R heel in, Twist R heel out, twist R heel in  
 &8      Close RF next to L (click R finger, tilt head to R) step LF in place (click L finger, tilt head to L)

**Hope you enjoy, please don't let the sequence put your off. - Happy dancing**

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**Last Update – 2nd Feb. 2016**

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