



# Liquid Lunch

**Count:** 64      **Wall:** 2      **Level:** Intermediate  
**Choreographer:** Peter Metelnick & Alison Biggs, TheDanceFactoryUK,  
(May 2013)  
**Music:** Liquid Lunch . Caro Emerald

**Start after 32 counts, when beat kicks in on verse vocal approx. 21 secs into song [112bpm – 3mins 59secs]**

## [1-8] R/L fwd, R & L apart & heel bounce, R heel jack, R weave 2

1-2                    Step R forward, step L forward  
&3&4                Step R & L apart, raise both heels off floor; bring heels back down with weight on L  
5&6&                Cross step R over L, step L back, touch R heel forward, step R back  
7-8                    Cross step L over R, step R side

## [9-16] ¼ L toaster, R Charleston coaster, R ball step fwd x2

1&2                    Sweeping L front to back turn ¼ left step L back, step R together, step L forward (9 o'clock)  
3-4                    Touch R forward, step R back  
5&6                    Step L back, step R together, step L forward  
&7&8                    Step R behind L, step L forward, step R behind L, step L forward

## [17-24] R fwd, ½ L pivot, R fwd, ¼ L pivot, R syncopated cross rock/recover, R & L switches, R fwd

1-4                    Step R forward, pivot ½ left, step R forward, pivot ¼ left (12 o'clock)  
5&6&                Cross rock R over L, recover weight on L, touch R side, step R together  
7&8                    Touch L side, step L together, step R forward

## [25-32] L fwd rock/recover, L back, R touch together, R fwd, L fwd, ½ R pivot turn, L fwd shuffle

1-2&                    Rock L forward, recover weight on R, step L back  
3-6                    Touch R together, step R forward, step L forward, pivot ½ right (6 o'clock)  
7&8                    Step L forward, step R next to L, step L forward

## [33-40] R side rock/recover, R together, L side rock/recover, ½ L toaster, R forward, ½ L pivot

1-2&                    Rock R side, recover weight on L, step R together  
3-4                    Rock L side, recover weight on R  
5&6                    Turning ½ left sweep L front to back stepping L back, step R together, step L forward  
7-8                    Step R forward, pivot ½ left (6 o'clock)

**RESTART HERE ON WALLS 2 & 4 facing front wall**

## [41-48] R fwd, hold, L together, R fwd, L touch fwd/back, ½ L turn, ½ L turn, ¼ L turn

1-2&                    Step R forward, hold, step L together  
3-6                    Step R forward, touch L forward, touch L back, turn ½ left taking weight on L (12 o'clock)  
7-8                    Turning ½ left step R back, turning ¼ left step L side (3 o'clock)

**Easier option 6-8: With weight on L turn ¼ left, cross step R over L, step L side**

## [49-56] R & L samba, ¼ R jazz with 2 ball crosses

1&2                    Cross step R over L, rock L side, recover weight on R  
3&4                    Cross step L over R, rock R side, recover weight on L  
5-6                    Cross step R over L, turning ¼ right step L back (6 o'clock)  
&7&8                    Step R back, cross step L over R, step R side, cross step L over R (looking toward R diagonal)

## [57-64] R diagonal: R fwd, L kick, L back, R behind, L side, L diagonal: R fwd, L kick, L coaster step squaring to back wall

1-3                    On right diagonal (7 o'clock), step R forward, kick L forward, step L back  
4&                    Step R behind, step L side squaring to back wall  
5-6                    Turning towards left diagonal (5 o'clock) step R forward, kick L forward  
7&8                    Step L back, step R together squaring to back wall, step L forward (6 o'clock)

**Contact - Tel: 01462 735778 - Website: [www.thedancefactoryuk.co.uk](http://www.thedancefactoryuk.co.uk)**