

Happy Dance



Count: 176

Wall: 2

Level: Phrased Advanced

Choreographer: Kerry Maus - 5/2017

Music: Happy Dance – MercyMe, Album: Lifer 2:52



**** 1st Place USLDCC phrased @ Line Dance Marathon ****

**(Don't let the 160 counts scare you) – A: 48 cts B: 64 cts C: 48 cts – Sequence: AB AB CB
No Intro – Start as soon as the song starts.**

Section A: 48 counts

[A:1-8] SIDE, HOLD, SAILOR STEP, BALL, SIDE, HOLD, CROSS TOUCH, SIDE TOUCH

1,2 3&4 1) Step R to R side, 2) hold, 3) step L behind R, &) step R to R side, 4) step L to L
&5,6 7,8 &) Step R next to L, 5) step L to L side, 6) hold, 7) cross touch R over L, 8) touch R out to R
(optional arm movements: Point fwd with both hands on count 5 with the lyric "You")

[A:9-16] CROSS TOUCH, STEP R W/ SHOULDER SHAKE, BALL STEP, ROCK, RECOVER, KICK BALL STEP

1,2&3&4 1) Cross touch R over L, 2) step R to R side w/ shake, &3) hold, &) step L beside R, 4) step R to R
(option: on count 2 & 3 shake shoulders (think that the R shoulder goes forward, back, forward))
5,6 7&8 5) Rock back on L, 6) recover fwd on R, 7) kick L, &) step L next to R, 8) step fwd R toward 11:00

[A:17-24] L DIAGONAL STEP FWD W/LEAN & ROLL, MAMBO BACK, BIG STEP BACK & DRAG, BEHIND SIDE CROSS (TURNING 3/8 L)

1,23&4 1-2) Take a big step toward 11:00 with L foot, 3) rock fwd R, &) recover L, 4) step back R
(option: on count 1-2 bring body fwd as you roll weight from heel fully onto L)
5,6 5) Take a big step back with L toward 5:00, 6) drag R foot back beside L,
7&8 7) Turning 1/8 L, step R behind left, &) turning 1/8 L, step L to L, 8) turning 1/8 L, cross R over L(6:00)

[A:25-32]TOE STRUTS W/ HIP BUMPS (X2) SYNCOPATED JAZZ BOX W/CROSS, BIG STEP L

1&2 1) Step L toe forward as you bump hips L, &) bumps hips R, 2) drop L heel as you bump hips L and step on L
3&4 3) Step R toe forward as you bump hips R, &) bumps hips L, 4) drop R heel as you bump hips R and step on R
56&78 5) Cross L over R, 6) step back on R, &) step L to L side, 7) cross R over L, 8) big step L to L

[A:33-40] R FORWARD, L FLICK (BEHIND), L FORWARD, R FLICK (FRONT), R SHUFFLE FORWARD, L FORWARD, R FLICK (BEHIND), R FORWARD, L FLICK (FRONT), L SHUFFLE FORWARD

1&2& 1) Step fwd on R, &) flick L behind R leg, 2) step L fwd, &) flick R in front of L leg,
3&4 3) Step fwd on R, &) together with L, 4) forward on R
5&6& 5) Step fwd on L, &) flick R behind L leg, 6) step R fwd, &) flick L in front of R leg,
7&8 7) Step fwd on L, &) together with R, 8) forward on L

[A:41-48] R ROCK FWD, RECOVER, OUT, OUT, IN, IN, SIDE ROCK RECOVER &, SIDE ROCK RECOVER &

1,2 1) Rock fwd on R, 2) recover back on L
&3&4 &) While moving backward, step out to R with R, 3) step out to L with L, &) step in with R, 4) step in with L
5,6& 5) Rock R to R side, 6) recover weight back onto the L, &) step R beside L
7,8& 7) Rock L to L side, 8) recover weight back onto the R, &) step L beside R

Section B: 64 counts

[B:1-8] SIDE, BEHIND, AND HEEL, HOLD, (X2)

1,2&3,4 1) Step R to R side, 2) step L behind R, &) step R to R, 3) touch L heel fwd, 4) hold
5,6&7,8 5) Step L to L side, 6) step R behind L, &) step L to L, 7) touch R heel fwd, 8) hold

[B:9-16] ¼ ¼ CROSS & CROSS, BIG STEP L WITH DIP, R SIDE, CROSS ROCK, RECOVER, SIDE, TOUCH

1,2,3&4 1) Turning ¼ L, step back on R, 2) turning ¼ L, step L to L, 3) cross R over L, &) step L to L, 4) cross R over L
5,6 5) Step L to L with dip, 6) touch R beside L
&7&8& &) Step R to R, 7) cross rock L over R, &) recover R, 8) step L to L, &) touch R beside L (12:00)
(option: on count 5, bend knees into a dip, placing hands on your thighs, return to standing position with weight)

on L and touching R beside L by count 6)

[B:17-24] STEP R, CROSS ROCK, RECOVER, BACK-LOCK-BACK, ROCK BACK, RECOVER, TRIPLE FWD,

- 1,2,3 1) Step R to R angling body toward [1:00], 2) cross rock L over R, 3) recover R
 4&5 4) Step back on L, &) together with R, 5) step back L
 6,7,8&1 6) Rock back R, 7) recover L, 8) step fwd R, &) together with L, 1) step fwd R

[B:25-32] R ½ TURN PIVOT, R ½ TURN TRIPLE, ROCK, RECOVER, SIDE

- 2,3,4&5 2) Step fwd L, 3) pivot ½ turn R, taking weight on R, 4) continue turning ¼ R, stepping L to L, &) turning
 1/8 R, cross R over L, 5) turning 1/8 R, step back L
 6,7,8 6) Rock back R, 7) recover fwd L, 8) turn 1/8 L, stepping R to R side, squaring up to (12:00)

[B:33-40] "HAPPY DANCE" TWIST HEELS, TOES, HEELS TO R; HEELS, TOES, HEELS TO L(X2)

- 1&2 1) Swivel both feet to R first with heels, &) then toes, 2) then heels
 3&4 3) Swivel feet to L first with heels, &) then toes, 4) then heels
 5&6 5) Swivel both feet to R first with heels, &) then toes, 6) then heels
 7&8 7) Swivel feet to L first with heels, &) then toes, 8) then heels

[B:41-48] TRIPLE R, ¼ TURN L, TRIPLE L, R CROSSING SHUFFLE, ½ TURN L DOING L CROSSING SHUFFLE

- 1&2 1) Step R to R side, &) step together with L, 2) step R to R side
 3&4 3) Turn ¼ L, and step L to L side, &) step together with R, 4) step L to L side
 5&6 5) Cross R over L, &) step L to L side, 6) cross R over L
 7&8 7) Make ½ turn L as you cross L over R, &) step R to R side, 8) cross L over R

[B:49-56] KICK R FOOT FWD, STEP, ROCK, RECOVER, KICK L FOOT FWD, STEP, ROCK, RECOVER (X2)

- 1&2& 1) Turn ¼ R & kick R fwd, &) step R in place, 2) rock back on L, &) recover R
 3&4& 3) Kick L fwd, &) step L in place, 4) rock back on R, &) recover to L
 5&6& 5) Kick R fwd, &) step R in place, 6) rock back on L, &) recover to R
 7&8& 7) Kick L fwd, &) step L in place, 8) rock back on R, &) recover to L (6:00)

[B:57-64] TRIPLE R, ¼ TURN L, TRIPLE L, R CROSSING SHUFFLE, ½ TURN L DOING L CROSSING SHUFFLE, ¼ TURN TO 12:00 FOR COUNT 1 OF "A" OR "C"

- 1&2 1) Step R to R side, &) step together with L, 2) step R to R side
 3&4 3) Turn ¼ L, and step L to L side, &) step together with R, 4) step L to L side
 5&6 5) Cross R over L, &) step L to L side, 6) cross R over L
 7&8 7) Make ½ turn L as you cross L over R, &) step R to R side, 8) cross L over R (12:00)

Section C: 48 counts

[C:1-8] STOMP R, HOLD 2 COUNTS, L SAILOR STEP, HOLD 2 COUNTS, BALL, ¼ ROCK, RECOVER

- 1,2,3,4&5 1) Stomp R to R side, 2-3) hold, 4) cross L behind R, &) step R to R, 5) step L to L
 6,7&8& 6-7) Hold, &) step R next to L, 8) turn ¼ L stepping L forward w/rock fwd, &) recover back on R (9:00)

[C:9-16] STEP BACK, BALL STEP BACK/BODY ROLLS BACK (X3), HOLD, RUN SLIGHTLY FWD R, L, R, L

- 1,2 1) Step L slightly back, 2) body roll back ending with weight L
 &3,4 &) Quick step R next to L, 3) step L slightly back, 4) starting body roll back ending with weight L
 &5,6 &) Quick step R next to L, 5) press L slightly back ending with weight L, 6) hold
 7&8& Taking VERY SMALL steps, run slightly fwd, 7) R, &) L, 8) R, &) L

[C:17-24] K-STEP WITH CLAPS

- 1,2,3,4 1) Step R fwd on diagonal, 2) touch L next to R, clap, 3) step L back on diagonal, 4) touch R next to L,
 clap
 5,6,7,8 5) Step R back on diagonal, 6) touch L next to R, clap, 7) step L fwd on diagonal, 8) touch R next to L,
 clap

[C: 25-32] R SIDE, L TOGETHER, WEAWE WITH ATTITUDE, CROSS & CROSS, ¼ TURN LEFT

- 1,2,3,4 1) Step R to R side, 2) step L next to R, 3) cross R over L, 4) step L to L
 5,6, 5) Step R behind L popping L knee fwd, 6) step L to L popping R knee fwd
 7&8& 7) Cross R over L, &) step L to L, 8) cross R over L, &) ¼ turn L step fwd L

[C:33-48] Repeat the last 16 counts of C;17-32 two more times, which will take you back to 12:00 – to start B

Sequence: AB AB CB

Have fun and DANCE HAPPY!

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