



Gonna Catch You

Choreographed by **Rachael McEnaney** (June 2008)
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Description: 32 Counts, 2 Walls, Intermediate. (Hustle style)
Music: Gonna Catch You – Lonnie Gordon
Count In: Dance begins on vocals
Notes:

Section	Footwork	End Facing
Counts 1 - 8	Ball change, cross, side, back, ball change, cross, ¼ turn, ½ turning shuffle	
& 1 - 2	<i>(Angle body to 10.30 (left diagonal))</i> Rock back on ball of right (&), recover weight onto left (1), cross right over left (2)	10.30
3 - 4	Step left to left side (body facing front) (3), cross right behind left (4)	12.00
& 5 - 6	<i>(Angle body to 1.30 (right diagonal))</i> Rock back on ball of left (&), recover weight onto right (5), cross left over right (6)	1.30
7 - 8 &	Make ¼ turn left stepping back on right (7), make ¼ turn left stepping left to left side (8), step right next to left (&)	6.00
9 - 16	Left ¼ turn with touch, right ¼ turn, right ¼ turn with touch, left ¼ turn, step ½ pivot, step forward.	
1	Make ¼ turn left stepping forward on left (completes shuffle) (1)	3.00
2 - 3	Make ¼ turn left touching right toe to right side (2), make ¼ turn right stepping weight onto right (3)	3.00
4 - 5	Make ¼ turn right touch left toe to left side (4), make ¼ turn left stepping weight onto left (5)	3.00
6 - 8	Step forward on right (6), pivot ½ turn left (7), step forward on right (8)	9.00
Arms:	<i>As an option for the toe touches:</i> <i>Raise & click fingers to shoulder height on 2, lower & click fingers to waist height on 4</i>	
17 - 24	¾ turn right, cross, press lunge, kick, R sailor step, cross.	
1 - 2	Make ¼ turn right stepping left to left side (1), make ½ turn right stepping right to right side (2)	6.00
3 - 4	Cross left over right (3), press ball of right foot out to right side lunging into bent right knee (4)	6.00
5	Push off right and kick it to right diagonal (5)	6.00
6 & 7	Cross right behind left (6), step left next to right (&), step right to right side (7) SAILOR	6.00
8	Cross left over right bending both knees (8) <i>(Angle body to 7.30 (right diagonal))</i>	7.30
25 - 32	Step back, cross, step back, ball cross, side, kick, touch, hitch.	
1	<i>(Body remains angled to right diagonal)</i> Step back on right straightening knees & pushing hips back (1)	7.30
2	<i>(Body remains angled to right diagonal)</i> Cross left over right, bending both knees (2)	7.30
3	<i>(Body remains angled to right diagonal)</i> Step back on right straightening knees & pushing hips back (3)	7.30
& 4	Step left to left side (&) (squaring body up to 6.00), cross right over left (4)	6.00
5 - 6	Step left to left side (5), kick right across left to left diagonal (6) <i>(angle body to 4.30 (left diagonal))</i>	4.30
7 - 8	<i>(Body remains angled to left diagonal)</i> , Touch right toe back (7), hitch right knee (8)	4.30
Arms:	<i>As an option for the push backs:</i> <i>Drop R arm to R side on count 8 of 17-24, bend R elbow & R thumb comes up by ear (as if hitch a ride) on count 1</i> <i>Drop R arm to R side on count 2, bend R elbow as R thumb comes up by ear (as if hitch a ride) on count 3</i>	

START AGAIN, HAVE FUN! ☺