

FIONA

Description: 32 ct. 4 wall - West Coast Swing Rhythm - Intermediate
Choreographer: Michael Barr Date: May 2009
Suggested Music: Give It To Me Right by Melanie Fiona - CD: The Bridge Lead: 16 cts. bpm: 116
Country Song: Let's Make a Baby King by Wynonna - CD: Tell Me Why Lead: 32 cts. Bpm: 120
Amazon.com: Available as a single download for 99 cents
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Web Access: www.MichaelandMichele.com - Step descriptions-videos-shirts, jewelry and more!

1-8 SAILOR 1/4 TURN RIGHT, TOUCH, STEP – TOUCH, STEP, TOUCH, STEP

1 & 2 Step Right behind left; Turn ¼ right stepping Left next to right; Step Right forward to right diagonal (**facing 4:30**)
3 – 4 Touch Left toe next to right instep on right diagonal; Step Left foot forward to 3 o'clock wall
5 – 6 Touch Right toe next to left instep; Step Right foot forward to right diagonal
7 – 8 Touch Left toe next to right instep on right diagonal; Step Left foot forward to 3 o'clock wall
Note: As you get comfortable with the dance try touching earlier with the Left after count 6 and hold for ct., 7. The count would then be & 7 8. It would change it to a quick touch and hold. The music seems to ask for it.

9-16 MODIFIED JAZZ BOX - SIDE, HOLD, BEHIND, SIDE, TOUCH

1 – 2 Cross step Right foot in front of left; Hold
&3 - 4 Step back on ball of Left foot; Step Right foot slightly back and side right; Cross Left foot in front of right
5 – 6 Step Right foot side right; Hold
&7 - 8 Step Left foot behind right; Step Right foot side right; Touch Left toe next to right foot
Option: If it feels right kick the Left foot to the right diagonal on count 8 instead of the touch.

17-24 SIDE LUNGE, HOLD, RETURN, DRAG TOUCH – 1/4 LEFT WALK, DRAG, WALK, WALK

1 – 2 Step (lunge) Left foot side left (head looks ¼ left over your left shoulder); Hold
3 – 4 Return weight onto Right dragging left to center (return head to 3 o'clock); Touch Left toe next to right foot
5 – 6 Turn ¼ left stepping Left foot forward; Drag Right toe forward (weight stays on left) (**facing 12 o'clock**)
7 – 8 Walk forward on Right foot; Walk forward on Left foot

25-32 OUT-OUT-IN-CROSS, 1/4 TURN LEFT, DRAG HEEL – SIDE-CROSS-HITCH

& 1 Step ball of Right foot side right and slightly forward; Step ball of Left foot side left
& 2 Step ball of Right foot slightly back and center; Step Left foot in front of right
3 – 4 Turn ¼ left stepping back on Right foot; Drag the Left heel towards center (weight stays right) (**facing 9 o'clock**)
& 5 Step slightly back on ball of Left foot; Cross step Right foot in front of left
6 Hitch Left knee crossing slightly over right knee (you can swivel slightly right if it feels good)
7 – 8 Step Left foot side left; Hold/drag Right foot towards left for the last count! (keep weight on left foot)

BEGIN AGAIN