



Cry Me Out

Choreographed by: Malene Jakobsen, DK (Oct 09)

Music: Cry Me Out by Pixie Lott (CD: Turn It Up (bonus track version) [64bpm])

Descriptions: 32 count - 2 wall - Advanced level line dance

Intro: 8 counts from when the beat kicks in, 17 sec. into track - dance begins with weight on R

TAG: There is a 4 counts tag AFTER wall 5

Note: The music sounds as if it's a very fast waltz, however it is not a waltz

1-7 Side, Back Rock, Side, Touch, 1/8, Mambo, 1/4, 1/4, Full Turn, Rock

- a1-2 (a) Step L to L, (1) rock back on R, (2) recover onto L **[12.00]**
- &a3 (&) Step R to R, (a) touch L beside R (3) step L to L diagonal **[10.30]**
- 4&a (4) Rock forward on R, (&) recover onto L, (a) step slightly back on R **[10.30]**
- 5-6 (5) Rock L to L making 1/4 turn L, (6) recover onto R making a 1/4 R **[10.30]**
- &a7 (&) Turn 1/2 R stepping back on L, (a) turn 1/2 R stepping forward on R, (7) step forward on L **[10.30]**

8-15 Recover 1/2, Ball Steps, Step Sweep, Cross Rock, Side, Cross Rock, 1/8, Ball, Side, Coaster, Rock

- 8& (8) Recovering onto R make 1/2 turn L on ball of R, (&) step L next to R **[4.30]**
- a1 (a) Step R next to L, (1) step forward on L sweeping R from back to front **[4.30]**
- 2&a3 (2) Cross R over L, (&) recover onto L, (a) step R to R, (3) cross L over R **[4.30]**
- 4& (4) Recover onto R, (&) turn 1/8 L stepping L to L **[3.00]**
- a5 (a) Step R next to L, (5) large step L to L dragging R towards L **[3.00]**
- 6&a (6) Step back on R, (&) step L next to R (a) step forward on R **[3.00]**
- 7 (7) Rock forward on L,

16-24 1/4, Cross Shuffle With Sweep, Cross Shuffle, 3/4, Shuffle, Full Turn, Back, Back, Sweep

- 8 (8) Recover onto R making 1/4 turn R **[6.00]**
- &a1 (&) Cross L over R, (a) step R to R, (1) cross L over R sweeping R from back to front **[6.00]**
- 2&a (2) Cross R over L, (&) step L to L, (a) cross R over L **[6.00]**
- 3 (3) Step L to L and make 3/4 turn R on ball of L **[3.00]**
- 4&a (4) Step forward on R, (&) step L next to R, (a) step forward on R **[3.00]**
- 5-6& (5) Step forward on L, (6) turn 1/2 R, (&) turn 1/2 R stepping L next to R **[3.00]**
- a7 (a) Step back on R, (7) take a long step back on L starting to sweep R from front to back **[3.00]**
- 8 (8) Finish R sweep **[3.00]**

25-32 Behind, Side, Cross Rock, 1/4, Ball Step, Mambo, 1/4 X 4, Hold

- &a1 (&) Cross R behind L, (a) step L to L, (1) cross R over L **[3.00]**
- 2& (2) Recover onto L, (&) turn 1/4 R stepping forward on R **[6.00]**
- a3 (a) Step L next to R, (3) take a long step forward on R dragging L towards R **[6.00]**
- 4&a (4) Rock forward on L, (&) recover onto R, (a) step slightly back on L **[6.00]**
- 5 (5) Turn 1/4 R stepping forward on R **[9.00]**
- &6 (&) Step forward on L, (6) turn 1/4 R stepping forward on R **[12.00]**
- &7 (&) Step forward on L, (7) turn 1/4 R stepping forward on R **[3.00]**
- &8 (&) Step forward on L, (8) turn 1/4 R stepping forward on R **[6.00]**
- & (&) Hold

TAG: It only happens ONCE AFTER wall 5, you'll be facing 6 o'clock

1-4 Steps Back With Sweeps X3, Back, Hold

- 1&a (1) Step back on L, (&a) sweep R from front to back **[6.00]**
- 2&a (2) Step back on R, (&a) sweep L from front to back **[6.00]**
- 3&a (3) Step back on L, (&a) sweep R from front to back **[6.00]**
- 4& (4) Step back on R (&) hold **[6.00]**