

Cara Mía



Choreographed by Peter & Alison – TheDanceFactoryUK

Tel: 01727 853041 Website: www.thedancefactoryuk.co.uk

2 wall – 48 count line dance (with 20 count tag after every 2 walls)

Music: Cara Mía – Mans Zelmerlow (start the dance around 11 seconds into the song when they sing “Whose gonna love you”)

-
- 1-8 Weave L 2, syncopated 3 step weave L, ¼ L & L fwd, R fwd, ½ L pivot turn, ¼ L & R to side**
1-2 Cross step R over L, step L side
3&4 Cross R behind, step L side, cross step R over
5-8 Turning ¼ left step L forward, step R forward, pivot ½ left, turning ¼ left step R to right side
(facing 12 o'clock)
- 9-16 L cross rock & recover, L side shuffle, R cross step, L side, ¼ R & R to side, L cross step**
1-2 Cross rock L over R, recover weight on R
3&4 Step L to side, step R together, step L side
5-8 Cross step R over L, step L side, turning ¼ right step R to side, cross step L over R
- 17-24 R side, ¼ L & L to side, R cross step, L side, R rock back & recover, ¼ L & R back shuffle**
1-4 Step R side, turning ¼ left step L to side, cross step R over L, step L side (facing 12 o'clock)
5-6 Rock back on R, recover weight on L
7&8 Turning ¼ left step R back, step L together, step R back
- 25-32 ½ L & L fwd, R fwd, ¼ L pivot turn, R cross step, L side rock & recover, L toaster step**
1-4 Turning ½ left step L forward, step R forward, pivot ¼ left, cross step R over L
(facing 12 o'clock)
5-6 Rock L to side, recover weight on R
7&8 Turning ¼ left step L back, step R together, step L forward (facing 9 o'clock)
- 33-40 R fwd & side touches, R ball step, R fwd, L fwd & side touches, L ball step, L fwd**
1-2 Touch R forward, touch R side
&3-4 Step R together, step L slightly forward, step R forward
5-6 Touch L forward, touch L side
&7-8 Step L together, step R slightly forward, step L forward
- 41-48 R fwd rock & recover, R together, L heel fwd, L together, R toe touch together, R slightly back, L heel fwd, hold, L together, R fwd, ¼ L pivot turn**
1-2& Rock R forward, recover weight on L, step R together
3&4& Touch L heel forward, step L together, touch R toes together, step R slightly back
5-6& Touch L heel forward, hold, step L together
7-8 Step R forward, pivot ¼ left (facing 6 o'clock)
Tag: After every 2 walls dance the following: (you will be facing the front wall when you start and finish the tag).
- 1-8 R cross rock & recover, R together, L cross rock & recover, L together, R fwd, ½ L pivot turn, walk forward R & L**
1-2& Cross rock R over L, recover weight on L, step R together
3-4& Cross rock L over R, recover weight on R, step L together
5-8 Step R forward, pivot ½ left, walk forward R, L (or do a full L turn forward)
- 9-20 Repeat above 8 counts, R jazz box**
1-8 Repeat above 8 counts
9-12 Cross R over L, step L back, step R side, step L together

