



Breakin Dishes

Michele Perron, DANCE Expressions
Four Wall, 32 Count Line Dance, January 2009
CCW Rotation, Easy Intermediate Level
michele.perron@gmail.com
micheleperron.com

Sec. I (1- 8) SIDE, BEHIND, SIDE, TURN/TWIST, TWIST-TWIST, ROCK/BACK, ROCK/HITCH

- 1,2 RIGHT Step side R; LEFT Step crossed behind R
- 3,4 RIGHT Step side R; Turn 1/4 L with RIGHT Heel twist (R heel twists to R, CCW)* (9 o'clock)
* Left Toe/Touch in front of R
- 5,6 Turn 1/2 R with two RIGHT Heel twists (R heel twists to L, CW) (3 o'clock)
- 7 LEFT Rock/Step back [allow R toe to lift back, heel on floor]
- 8 RIGHT Rock/Step forward with L Knee hitch [low]

Sec. II (9-16) BACK, TURN-&-TURN, FORWARD, TURN, FORWARD, TURN, ACROSS

- 1,2 LEFT Step back; RIGHT Step side R with 1/4 Turn R
- &3 LEFT Step beside R; RIGHT Step forward with 1/4 Turn R (9 o'clock)
- 4,5 LEFT Step forward; RIGHT Step forward (in place) with 1/2 Turn R (3 o'clock)
- 6,7 LEFT Step forward; RIGHT Step side R with 1/4 Turn R (6 o'clock)
- 8 LEFT Step across front of R

Sec.III (17-24)SIDE/ROCK-&-ACROSS, SIDE, BEHIND, L TRIPLE TURN, FORWARD, TURN

- 1&2 RIGHT Rock/Step side R, LEFT Recover/Step side L (in place), RIGHT Step across front of L
- 3,4 LEFT Step side L; RIGHT Step crossed behind L
- 5&6 LEFT Triple with 1/4 Turn L (L side L, R beside L, L forward 1/4 Turn L) (3 o'clock)
- 7,8 RIGHT Step forward; LEFT Step forward (in place) with 1/2 Turn L (9 o'clock)

Sec.IV (25-32) TURN/SIDE-SIDE/ROCK; &-CROSS-BACK, SIDE-SIDE/ROCK; &-CROSS-TURN/BACK

- 1,2 RIGHT Step side R with 1/4 Turn L; LEFT Rock/Step side L *(2nd foot position) (6 o'clock)
- &,3,4 RIGHT Toe/Ball Step slightly back & side R, LEFT Step across front of R, RIGHT Step back
- 5,6 LEFT Step side L; RIGHT Rock/Step side R *(2nd foot position)
- &,7,8 LEFT Toe/Ball Step slightly back & side L, RIGHT Step across front of L (9 o'clock)
LEFT Step back with 1/4 Turn R

Begin Again

Bridge: After third rotation, 8 Count Bridge, facing 3 o'clock wall.

Grapevine R, Touch; Grapevine L, Touch

- 1,2 RIGHT Step side R; LEFT Step crossed behind R
- 3,4 RIGHT Step side R; LEFT Touch beside R
- 5,6 LEFT Step side L; RIGHT Step crossed behind L
- 7,8 LEFT Step side L; RIGHT Touch beside R

Music Selection: Dance Pop, R&B

Breakin' Dishes **Rihanna** 125 bpm

CD: Good Girl Gone Bad: Reloaded

Introduction: 40 Counts (do not begin on the first lyrics)

Downloads: amazon.com. iTunes



micheleperron.com, see video library